Long Island Sharks
NEC

Last NCAA Tournament Miss: 2025

Current Status: Bubble
Projected JNG Seed: 16
Head Coach: Rod Strickland
School: 52-82 (5 seasons)
Career: 52-82

Record		H/R/N/B		NET/WAB/SOS		Resume		Predictive		KenPom	
Overall	1-7	Home	1-2	NET	1	KPI	1	BPI	310	AdjO	312
vs D1	1-7	Road	0-5	WAB	1	SOR	342	T-R	275	AdjD	216
Conference	0-0	Neutral	0-0	N/C WAB	1	JNG	314	KenPom	281	Tempo	113
vs Tier 1-2	0-3	vs Board	0-0	SOS	1	AVG	219.0	AVG	288.7	Luck	152
vs Tier 1-3	1-6			N/C SOS	1	OAR: 313 (173.0 avg)*				Streak	L1

Average JNG Win: 84.0

Wins Tier 1 1-30/1-50/1-75

JNG	Date	Opponent	Score

Wins Tier 2 31-75/51-100/76-135

JNG	Date	Opponent	Score

Wins Tier 3 76-160/101-200/136-240

JNG	Date	Opponent	Score
84	11/18	UNC-Wilmington	115-114 2ot

Wins Tier 4 161+/201+/241+

JNG	Date	Opponent	Score

Average JNG Loss: 158.9

Loss Tier 1 1-30/1-50/1-75

JNG	Date	Opponent	Score
45	11/05	@ Seton Hall	67-60

Loss Tier 2 31-75/51-100/76-135

JNG	Date	Opponent	Score
113	11/02	@ Florida Atlantic	74-60
129	11/13	@ Fordham	80-58

Loss Tier 3 76-160/101-200/136-240

JNG	Date	Opponent	Score
143	11/22	Fairfield	74-71
156	11/16	St. Thomas	79-70
239	11/09	@ Towson	66-46

Loss Tier 4 161+/201+/241+

JNG	Date	Opponent	Score
287	11/07	@ La Salle	88-80

REMAINING SCHEDULE

Date	JNG	Opponent
12/02	210	Cornell*
12/05	133	@ George Washington*
12/08	43	@ Notre Dame*
12/12	174	Princeton*
12/16	41	@ Louisville*
12/22	53	@ San Diego State*
12/29	3	@ Florida*
01/02	301	Le Moyne
01/04	236	@ New Haven
01/10	187	Fairleigh Dickinson
01/13	272	@ Chicago State
01/16	300	Stonehill
01/21	288	Mercyhurst
01/23	236	New Haven
01/28	140	@ Central Connecticut
01/30	331	@ Wagner
02/04	288	@ Mercyhurst
02/06	301	@ Le Moyne
02/11	272	Chicago State
02/13	331	Wagner
02/18	300	@ Stonehill
02/20	187	@ Fairleigh Dickinson
02/27	140	Central Connecticut

Glossary:

NET: NCAA NET Metric
WAB: Wins Above Bubble (NCAA Metric)
KPI: kpisports.net / Kevin Pauga
SOR: espn.com Strength of Record
JNG: hoopshd.com / Joby Fortson
BPI: espn.com BPI Ratings
T-R: barttorvik.com / Torvik Rankings
KenPom: kenpom.com / Ken Pomeroy
AdjO: Adjusted Offensive Efficiency per kenpom.com
AdjD: Adjusted Defensive Efficiency per kenpom.com
Tempo: Adjusted Tempo per kenpom.com
Luck: Luck Ranking per kenpom.com

OAR: Overall Average Ranking (average of NET, KPI, SOR, WAB, POM, BPI and T-R ranked 1-365)
Projected JNG Seed: NCAA Tournament Seed per the JNG Rating if this team qualifies for the NCAA Tournament
* Games marked with an * are non-conference games

Long Island DEFCON Game Ratings for Wednesday, November 25, 2026

DEFCON 3

Time (ET)	Matchup	Broadcast	Desired Winner
6:00 PM	West Florida at Northwestern State	espn+	Northwestern State

DEFCON 4

Time (ET)	Matchup	Broadcast	Desired Winner
2:00 PM	Arkansas-Pine Bluff at South Dakota	summit	Arkansas-Pine Bluff

DEFCON 5

Time (ET)	Matchup	Broadcast	Desired Winner
12:30 PM	Northern Colorado vs Detroit Mercy	flohoops	Detroit Mercy
1:00 PM	Lindenwood at Stony Brook	flohoops	Stony Brook
4:00 PM	Liberty vs Princeton		Princeton
4:00 PM	Prairie View at Marshall	espn+	Marshall
6:00 PM	Bethune-Cookman at Richmond	espn+	Richmond
7:00 PM	Northern Illinois at SIU Edwardsville	espn+	Northern Illinois