Troy Trojans
Sun Belt

Last NCAA Tournament Miss: 2024

Current Status: Bubble
Projected JNG Seed: 16

Head Coach: Adam Howard
School: 3-4 (1 season)
Career: 3-4

Record		H/R/N/B		NET/WAB/SOS		Resume		Predictive		KenPom	
Overall	3-4	Home	2-1	NET	1	KPI	1	BPI	191	AdjO	181
vs D1	3-4	Road	0-2	WAB	1	SOR	216	T-R	188	AdjD	250
Conference	0-0	Neutral	1-1	N/C WAB	1	JNG	223	KenPom	199	Tempo	340
vs Tier 1-2	0-2	vs Board	0-0	SOS	1	AVG	146.7	AVG	192.7	Luck	43
vs Tier 1-3	0-4			N/C SOS	1	OAR: 192 (113.9 avg)*				Streak	W1

Average JNG Win: 282.7

Wins Tier 1 1-30/1-50/1-75

JNG	Date	Opponent	Score

Wins Tier 2 31-75/51-100/76-135

JNG	Date	Opponent	Score

Wins Tier 3 76-160/101-200/136-240

JNG	Date	Opponent	Score
122	11/21	vs Valparaiso	77-72
157	11/02	Massachusetts	71-60

Wins Tier 4 161+/201+/241+

JNG	Date	Opponent	Score
195	11/10	Loyola Marymount	74-69 ot
313	11/22	vs Nicholls	78-77
340	11/17	Cal State-Northridge	84-74

Average JNG Loss: 98.0

Loss Tier 1 1-30/1-50/1-75

JNG	Date	Opponent	Score
42	11/13	@ North Carolina State	81-62
71	11/06	@ Florida State	91-68

Loss Tier 2 31-75/51-100/76-135

JNG	Date	Opponent	Score

Loss Tier 3 76-160/101-200/136-240

JNG	Date	Opponent	Score

Loss Tier 4 161+/201+/241+

JNG	Date	Opponent	Score

REMAINING SCHEDULE

Date	JNG	Opponent
11/28	209	@ Chattanooga*
12/01	93	Furman*
12/05	182	UAB*
12/12	--	MS for Women*
12/16	162	Louisiana Tech
12/19	297	Coastal Carolina
12/21	--	William Carey*
12/31	124	@ Appalachian State
01/02	126	@ James Madison
01/06	289	Georgia State
01/09	241	Georgia Southern
01/13	164	@ Southern Miss
01/16	338	Louisiana-Monroe
01/21	162	@ Louisiana Tech
01/23	348	@ Louisiana
01/27	212	South Alabama
01/30	154	Arkansas State
02/03	338	@ Louisiana-Monroe
02/06	--	vs MAC*
02/10	348	Louisiana
02/13	154	@ Arkansas State
02/18	212	@ South Alabama
02/20	164	Southern Miss
02/26	261	@ Marshall

Glossary:

NET: NCAA NET Metric
WAB: Wins Above Bubble (NCAA Metric)
KPI: kpisports.net / Kevin Pauga
SOR: espn.com Strength of Record
JNG: hoopshd.com / Joby Fortson
BPI: espn.com BPI Ratings
T-R: barttorvik.com / Torvik Rankings
KenPom: kenpom.com / Ken Pomeroy
AdjO: Adjusted Offensive Efficiency per kenpom.com
AdjD: Adjusted Defensive Efficiency per kenpom.com
Tempo: Adjusted Tempo per kenpom.com
Luck: Luck Ranking per kenpom.com

OAR: Overall Average Ranking (average of NET, KPI, SOR, WAB, POM, BPI and T-R ranked 1-365)
Projected JNG Seed: NCAA Tournament Seed per the JNG Rating if this team qualifies for the NCAA Tournament
* Games marked with an * are non-conference games

Troy DEFCON Game Ratings for Wednesday, November 25, 2026

DEFCON 3

Time (ET)	Matchup	Broadcast	Desired Winner
12:30 PM	Wright State vs Yale	ESPN2	Wright State
1:00 PM	Lindenwood at Stony Brook	flohoops	Lindenwood

DEFCON 5

Time (ET)	Matchup	Broadcast	Desired Winner
3:00 PM	Akron vs Appalachian State	ESPNU	Akron
3:00 PM	Southeastern Louisiana vs North Dakota	flohoops	Southeastern Louisiana
4:00 PM	Florida Gulf Coast vs Georgia State	passthaballlive	Florida Gulf Coast
4:00 PM	Prairie View at Marshall	espn+	Prairie View
6:00 PM	Cal State-Northridge at Weber State	espn+	Cal State-Northridge
7:00 PM	Bellarmine at Northern Kentucky	ROCK/espn+	Bellarmine
7:00 PM	Longwood at George Mason	espn+	George Mason
7:00 PM	Norfolk State at North Carolina State	accextra	North Carolina State
9:00 PM	Eastern Washington at Loyola Marymount	espn+	Loyola Marymount
9:30 PM	Colorado vs Grand Canyon	CBS-SN	Grand Canyon
10:30 PM	Jacksonville State vs Pacific	flohoops	Pacific