Wake Forest Demon Deacons
ACC

Last NCAA Tournament Appearance: 2017

Current Status: Bubble
Projected JNG Seed: 13

Head Coach: Steve Forbes
School: 115-83 (7 seasons)
Career: 245-126

Record		H/R/N/B		NET/WAB/SOS		Resume		Predictive		KenPom	
Overall	5-1	Home	5-0	NET	1	KPI	1	BPI	78	AdjO	98
vs D1	5-1	Road	0-1	WAB	1	SOR	72	T-R	81	AdjD	73
Conference	0-0	Neutral	0-0	N/C WAB	1	JNG	76	KenPom	82	Tempo	230
vs Tier 1-2	0-1	vs Board	0-0	SOS	1	AVG	49.7	AVG	80.3	Luck	63
vs Tier 1-3	0-1			N/C SOS	1	OAR: 76 (45.1 avg)*				Streak	W4

Average JNG Win: 313.4

Wins Tier 1 1-30/1-50/1-75

JNG	Date	Opponent	Score

Wins Tier 2 31-75/51-100/76-135

JNG	Date	Opponent	Score

Wins Tier 3 76-160/101-200/136-240

JNG	Date	Opponent	Score

Wins Tier 4 161+/201+/241+

JNG	Date	Opponent	Score
276	11/17	Monmouth	81-76
295	11/21	Western Carolina	90-63
320	11/10	Charleston Southern	82-64
323	11/14	Southern Utah	89-51
353	11/02	Maryland-Eastern Shore	83-62

Average JNG Loss: 17.0

Loss Tier 1 1-30/1-50/1-75

JNG	Date	Opponent	Score
17	*11/05*	*@ Vanderbilt*	*74-51*

Loss Tier 2 31-75/51-100/76-135

JNG	Date	Opponent	Score

Loss Tier 3 76-160/101-200/136-240

JNG	Date	Opponent	Score

Loss Tier 4 161+/201+/241+

JNG	Date	Opponent	Score

REMAINING SCHEDULE

Date	JNG	Opponent
11/25	48	vs Mississippi State*
11/27	--	vs Memphis/Penn State*
12/01	21	@ LSU*
12/06	157	vs Massachusetts*
12/08	334	Hampton*
12/15	361	Gardner-Webb*
12/19	72	vs West Virginia*
12/22	296	Presbyterian*
01/02	40	Virginia Tech
01/05	36	@ SMU
01/09	78	@ Clemson
01/12	43	Notre Dame
01/16	71	Florida State
01/20	28	Duke
01/23	42	@ North Carolina State
01/30	27	@ Miami
02/02	34	Boston College
02/06	41	@ Louisville
02/10	42	North Carolina State
02/13	25	Pittsburgh
02/17	43	@ Notre Dame
02/20	44	North Carolina
02/24	82	@ Stanford
02/27	100	@ California
03/03	85	Georgia Tech
03/06	94	@ Syracuse

Glossary:

NET: NCAA NET Metric
WAB: Wins Above Bubble (NCAA Metric)
KPI: kpisports.net / Kevin Pauga
SOR: espn.com Strength of Record
JNG: hoopshd.com / Joby Fortson
BPI: espn.com BPI Ratings
T-R: barttorvik.com / Torvik Rankings
KenPom: kenpom.com / Ken Pomeroy
AdjO: Adjusted Offensive Efficiency per kenpom.com
AdjD: Adjusted Defensive Efficiency per kenpom.com
Tempo: Adjusted Tempo per kenpom.com
Luck: Luck Ranking per kenpom.com

OAR: Overall Average Ranking (average of NET, KPI, SOR, WAB, POM, BPI and T-R ranked 1-365)
Projected JNG Seed: NCAA Tournament Seed per the JNG Rating if this team qualifies for the NCAA Tournament
* Games marked with an * are non-conference games

Wake Forest DEFCON Game Ratings for Wednesday, November 25, 2026

DEFCON 1

Time (ET)	Matchup	Broadcast	Desired Winner
7:30 PM	Mississippi State vs Wake Forest	ESPN2	Wake Forest

DEFCON 3

Time (ET)	Matchup	Broadcast	Desired Winner
7:00 PM	Northeastern at Wisconsin	BTN	Northeastern
12:00 AM	Clemson vs Colorado State	CBS-SN	Colorado State

DEFCON 4

Time (ET)	Matchup	Broadcast	Desired Winner
12:00 PM	Marquette vs Virginia	ESPN	Virginia
3:00 PM	Jackson State at Oklahoma State	espn+	Jackson State
7:00 PM	St. Thomas at UNC-Wilmington	flohoops	St. Thomas
10:00 PM	Washington vs VCU	ESPN2	Washington

DEFCON 5

Time (ET)	Matchup	Broadcast	Desired Winner
1:00 PM	Long Beach State vs Southern Utah	espn+	Southern Utah
2:00 PM	Arizona State vs LSU	CBS-SN	LSU
2:30 PM	Texas A&M vs Xavier	ESPN2	Texas A&M
5:00 PM	Alcorn State vs Texas State	espn+	Alcorn State
5:00 PM	Memphis vs Penn State	ESPNU	Memphis
6:00 PM	Albany at Syracuse	accextra	Albany
7:00 PM	Connecticut vs Duke	prime	Connecticut
7:00 PM	SMU vs Utah State	CBS-SN	Utah State
12:00 AM	Stanford vs Saint Louis	ESPN2	Stanford